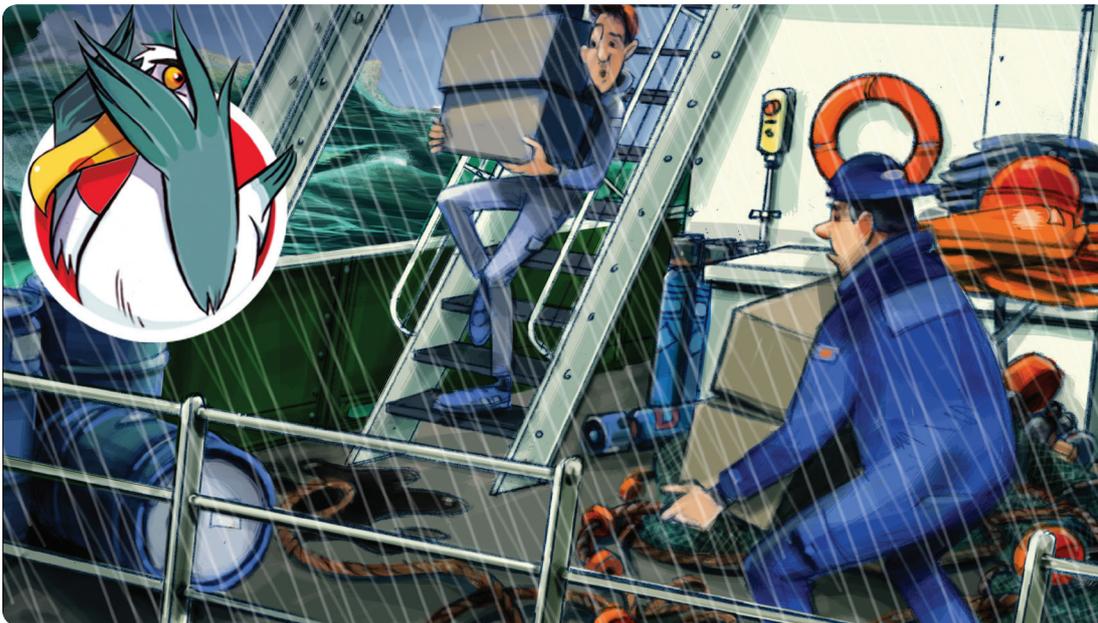


SAFE HOME

KEEP TRAWLIN' – NOT FALLIN'

Slips, trips and falls account for a significant proportion of injuries on board vessels. Safe movement around the vessel is essential at all times but take extra care when in heavy seas or if decks are wet.

WORK SAFE: SAFE HOME



- Get help when carrying heavy or awkward loads
- If you see a spill – make the area safe and get it cleaned up
- Make sure your work area and path is clear from trip hazards
- Keep working areas well illuminated
- Take care when using stairs or ladders
- Avoid trailing wires and cables on deck
- Rig temporary guardrails around open hatches and fall hazards
- Maintain good seamanship and good housekeeping
- Keep one hand for yourself and one for the boat

